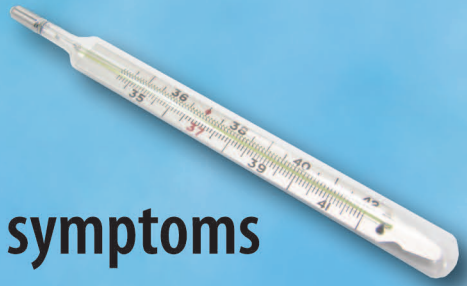


Be aware

Influenza-like illness symptoms



Use this list on a daily basis to assess you and your family's health status.

Do you have:

- | | | |
|---|------------------------------|-----------------------------|
| Fever
(over 100 degrees Fahrenheit/38 degrees Celsius) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Cough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Sore throat | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Joint pain or weakness | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

If you checked yes to **fever and cough AND one or more of the other symptoms** stay at home until you no longer have a fever and are feeling better.

Note: In children under five years of age, vomiting or diarrhea may also be present and fever may not be prominent.

If you have any concerns about you or your child's health, please contact your family physician or call **Telehealth Ontario at 1-866-797-0000** (24 hours a day/7 days a week).